

Spiritual School of Ascension

MESSAGES FROM THE EARTH MOTHER III



WINTER SOLSTICE BLESSINGS

2005 WORLD MIRROR IN REVIEW

The Tao and Earth Mother through Karen Danrich "Mila"
December 26, 2005

Blessings and Meditation for Returning to the Light Earth Dream

INTENTIONS TO MAKE IN RELATION TO THE WORLD MIRROR

There are many intentions that one can make associated with the world mirror of 2005. Intentions made by many ascending initiates have impact upon the world dream. Intentions also will have the affect of clearing karma in one's ancestry that may have participated in parallel patterns in one's own inheritance. In clearing the karma, the world mirror can change as there will not be the past calling to be reenacted in present time. This is the gift of karmic release, it allows for change.

Karma is like a broken record that continues to play the same tune again and again. As karma is erased, there is a possibility of creating a new tune and new song that leads to greater harmony and peace amongst all humans. So this is so for one's personal life; so this is also so for the world at large. As enough ascending children enter the world and release the karma for humanity, the human dream shall drastically change. Earth is vying to create a replacement dream that humans can ascend into that is of greater equality, unity and peace. This is our hope and dream of tomorrow beloved.

I intend to release all karma in my ancestry for consumption or pollution of the land and sea and forgive absolute.

I forgive those ancestors who over farmed, over fished or deforested to a point that the region could not regenerate.

I forgive those ancestors who raised animals for slaughter in horrific conditions in which they were not free to move about and lived in their own waste.

I forgive those ancestors who treated other humans in horrific circumstances akin to how animals are raised.

I forgive those ancestors who built housing in non-conscious manners without agreements with earth or the forests.

I intend to honor the land and the sea.

I intend to consume only those species hosting agreements to sustain my physical form, including fish and fruits, nuts and vegetables

I intend that a new form of construction emerges that honors the land.

I intend that humans cease to pollute the land or sea.

I intend that humans cease to deforest and reforest those regions that have been deforested.

I intend to open my heart enough to be able to love and bless again.

I intend to bless the farm lands as well as my garden and the kingdoms of the sea with each meal, allowing for an ongoing exchange of love that shall foster their continued existence.

I intend to bless the forests for providing wood for human shelter and for their job of providing oxygen and holding the void of earth.

I intend to release karma for the hatred or non-love of all kingdoms retained for slaughter and consumption.

I intend to learn to love all kingdoms, plant, animal, mineral, dolphin, whale and human along with all of earth.

I intend that farmers learn to love and honor their animals as well as the land and kingdoms that they farm.

I intend to ascend and develop a strong immune system that will be resistant to viruses that are emerging due to global warming.

I intend that all relations associated with my tapestry of ancestry ascend to the degree that they can and also build a strong immune system.

I intend that the ascending children related to my inheritance enter the world with a strong immune system as well as with a dream for greater peace and unity.

I intend that enough humans ascend in every region so that natural disasters that are very caustic are less necessary for earth to create to move the energy enough to ascend.

I intend to do my part in world service in the region that I live or any region that I travel each year, assisting in moving the energy and gathering human records from the land.

I intend to assist with clearing black hole dreams in my region of origin or any other region that I visit so that the dark dream associated need not be recreated in present time.

I intend a restoration of human knowing so that I or future ascending ancestors will know how to fend for themselves in the wild if a natural disaster strikes.

I intend to be at the right place at the right time and to listen to the land as to where I should move and live to avoid a natural disaster.

I intend to be fluid enough to move as I foresee a natural disaster ahead.

I intend the completion with karma for war and torture within the human dream.

I intend to forgive those ancestors associated with the wars of Innana and Merduk along with their slave nations.

I intend to forgive those ancestors who hated so greatly that they would kill or maim another human.

I intend to forgive those ancestors who sided with one leader over another rather than seeking the middle road of peace.

I intend to forgive those ancestors who participated in torture in any manner.

I intend to forgive those ancestors who were tortured or imprisoned and restrained without legal assistance.

I forgive those ancestors who were terrorists and destroyed others out of extreme beliefs in right and wrong and self righteousness.

I forgive those ancestors who were leaders and took law into their own hands, breaking the law out of fear of terrorism.

I forgive those ancestors who took away the land that other humans lived upon without compensation and for self gain.

I forgive those ancestors who left the land that other humans overran them from.

I forgive those ancestors who took a stand to defend their land and either lost or were imprisoned.

I intend the equality of all humans with one another regardless of gender, race or sexual preference or social status.

I intend that women or humans that are repressed to an extreme regardless of cause find their way to their power and freedom again.

I forgive those ancestors who were racist or bigots and believed in extreme right or wrong.

I forgive those ancestors who repressed others founded upon gender or who were repressed by others founded upon gender.

I forgive those ancestors who repressed others founded upon religion or who were repressed by others founded upon religion.

I forgive those ancestors who repressed others founded upon race or who were repressed by others founded upon race.

I forgive those ancestors who repressed others founded upon sexual preference or who were repressed by others founded upon sexual preference.

I intend to unconditionally accept myself and all others in the dance of life.

I intend that humanity move into unconditional acceptance of all others through ascension into the new dream of unity that earth is holding.

I intend to learn to live upon the land in non-ownership and in community with other humans as well as nature.

I intend that humans learn to live together in non-ownership of the land and in community with one another.

I intend the restoration of a unity based dream for myself in this lifetime.

I intend the restoration of a unity based dream for all of humanity.

I intend to enter the light earth dream that supports my choice to ascend.

I intend to anchor the light earth dream in my region of origin and wherever I travel.

I intend that all of earth including the human dream move into the light earth dream so that all will be supported in the coming times of change and ascension ahead.

I intend to forgive my ancestry for feeling responsible for the falls of earth.

I intend to forgive myself for feeling guilty about past history and the cause of my own inheritance.

I intend to embrace the love of earth into my body and field.

I intend to enter the light earth dream through Terra's absolute forgiveness of mankind.

I intend absolute forgiveness of my ancestry upon all dimensions that they have resided.



MEDITATION FOR THE LIGHT EARTH DREAM

This meditation is offered by the Earth Mother in collaboration with the Tao to anchor a light earth dream into one's field and region of origin. One will be connecting to those regions within a 200-400 mile radius that host a light earth dream and expanding this dream to one's home, office, neighborhood and the open space surrounding oneself. This time has come to move out of the dark dream of destruction and into the light dream of peace, honor and love. In the light dream will be angels and other nonphysical forces that will support one's choice to ascend. This is the purpose of this meditation.

The light earth dream appears much as a structure symbol and involves a new system of flow that is related to pod based energy. In the pod, all are welcome, all are a part of the whole, all are honored, no one is excluded, no one is less than, all are equal and all are loved. This is the new dream for the human species to be anchored this year and into the years ahead of continued global evolution.

1. *Put on some quiet music; dim the lights. Light some candles or incense. Blow a little lit sage into each of the four corners of the room with the intent to open sacred space. Intend that your ancestors, the nature kingdoms that guide you as well as the earth mother consciousness to be present for this meditation.*
2. *Take a seat in a comfortable chair with feet flat on the floor and uncrossed. Close your eyes. Take a deep breath inhaling slowly and exhaling slowly.*
3. *Now intend that Terra's angels surround you along with your ancestors and nature guides. We are going to begin to grounding deeply unto the aurora of earth, creating a large tree trunk with roots deep into earth's core. Imagine the roots stretching out for hundreds of miles around oneself and connecting to those regions and open space that foster a light earth dream.*
4. *Imaging the top of your field becoming like a large tree that extends its branches up past the moon and unto the solar sun. Now through one's branches one is going to bring in a host of new souls and angels to support one's field and ascension. The souls are a gift of Terra and the light earth dream.*
5. *Take a deep breath inhaling slowly and exhaling slowly. Now you are going to allow the angels to begin to rotate your field in a way that is most conducive to your own peace as well as continued evolution. The angels may anchor new tones of creation or vibrations in your field to attune you unto the light earth dream. Embrace these vibrations.*
6. *Take another deep breath inhaling slowly and exhaling slowly. Embrace the vibrations of the light earth dream. Allow these vibrations to penetrate throughout one's field including the meridians of the etheric body. Notice the new vibrations moving slowly under one's feet, up through the legs, hips and pelvis, solar plexus and diaphragm, breasts and chest, hands arms and shoulders, neck and head. Allow all parts of the etheric body to be bathed in the vibrations of the light earth dream.*
7. *Take another deep breath inhaling slowly and exhaling slowly. Allow the vibrations of the light earth dream to begin to nurture the etheric body. If there is grid work or meridians that are twisted or shut down or smaller than they should be to sustain life, allow these regions to untwist and the meridians to open again so that chi may move throughout the etheric body.*
8. *Take another deep breath inhaling slowly and exhaling slowly. Now allow the vibrations to come up into the etheric skin and into the regeneration chakras that sit just above the skin as well as the ascension grid work beyond this. Allow the vibrations of the light earth dream to assist in creating adequate regeneration chakras as well as allow them to move freely and as they should to pull chi through the etheric body.*
9. *Take another deep breath inhaling slowly and exhaling slowly. Now allow the vibrations of the light earth dream to penetrate your 12-chakra system*

beginning with the chakras under the feet, the first chakra at the base of the spine (grounding chakra), the second chakra in the pelvis (sexual chakra), the third chakra in the solar plexus (power chakra), the fourth chakra in the diaphragm (breath of life chakra), the fifth or heart chakra in the chest (love chakra), the sixth and seventh chakra in the neck (co-creation and dream catcher chakras), the sixth and seventh and eighth chakras in the head (pineal, pituitary and visionary chakras), the ninth chakra in the crown (spiritual knowledge chakra), the 10th chakra above the head and all chakras leading to one's over soul (connection to source chakras), and the 11th and 12th chakras on either side of the head (male and female chakras).

- 10. Take another deep breath inhaling slowly and exhaling slowly. Intend to redistribute all chi throughout the field evenly and along with the vibrations of the light earth dream; the vibrations will assist with this. Intend that chakras to spin to the right if you are female and left if you are male in gender and syncopated in rhythm and timing unto earth's field rotation. Intend that each chakra balances out to the same size and intensity as the new light earth dream energies bathe you from top to bottom. Allow any chakras that are twisted or missing or too small or too large to be healed and come to balance, syncopating to the timing of the whole of your field.*
- 11. Take another deep breath inhaling slowly and exhaling slowly. Allow the vibrations of the light earth dream to dissolve ties of attachment to others in your life dance. Intend now to burn off all ties of attachment in the space within or without and reunite broken circuitry, pressing together that which is of the front with the back, the left with the right, and the masculine or feminine within and into sovereignty of energy flow.*
- 12. Take another deep breath inhaling slowly and exhaling slowly. Now allow the energies of the light earth dream to bathe your subtle bodies, first the mental body, then the emotional, now the intuitive and last the creative body. Allow any part of the subtle bodies that is twisted to untwist and separate from any other that one is intertwined with. Allow the subtle bodies to become the same size as one another and begin to rotate in the same direction as your chakras.*
- 13. Take another deep breath inhaling slowly and exhaling slowly. Now allow the vibrations of the light earth dream to penetrate your dreamtime self that sits outside of your subtle bodies. Allow this dreamtime body double to be healed and nurtured in the light earth dream. Intend that your dreamtime self visit the healing temples for ascension tonight and every night to receive the support and nurturing that Terra is offering to each ascending human.*
- 14. Take another deep breath inhaling slowly and exhaling slowly. Now let us anchor the healing temples for ascension and light earth dream into your home. Allow your home to be filled with the vibrations of the light earth dream from the foundation and land underneath to the ceiling above and throughout. If you are in an apartment, then fill the entire apartment building with the vibrations of the light earth dream.*

15. *Take another deep breath inhaling slowly and exhaling slowly. Now extend the light earth dream throughout your region of origin and as far as will go, anchoring this new dream into the fields, rivers, streams, mountains and oceans or open space as well as into all trees and land that fosters the nature kingdoms presence.*
16. *Take another deep breath inhaling slowly and exhaling slowly. Now press the light earth dream into all human lives in the region of one's origin that are ready to receive this dream as a blessing of love from the earth mother.*
17. *Take another deep breath inhaling slowly and exhaling slowly. Intend to receive the love of Terra into your heart now. Imagine the pale pink vibration of the love of earth flowing into every cell of your body beloved, and every part of your field. You are beloved unto earth; you are a child of Terra. You are welcome here as this is your home.*
18. *Take another deep breath inhaling slowly and exhaling slowly. Now extend the love of Terra to all other humans in the light earth dream in your region of origin. May those who can receive this blessing do so now.*
19. *Take another deep breath inhaling slowly and exhaling slowly. Now imagine many hundreds of people focused upon this meditation surrounding earth. Let us imagine the light earth dreams begin to interconnect into a global web due to each focused upon this anchoring at this time. You are the ascending map carver. Long ago your ancestry caused the dark earth dream to inflate; now through intention you as a map carver shall restore the light earth dream by deflating the dark earth to smaller and smaller proportions until the light earth dream is all that exists for all humans and all kingdoms to dance within.*
20. *Take another deep breath inhaling slowly and exhaling slowly. Sit with this vision for a time. The new era is about to be born. You are heralding this era through conscious intention. This is the gift of fully conscious species; they were designed to direct energy through conscious intention.*
21. *Take another deep breath inhaling slowly and exhaling slowly. Now receive the special blessings of the Tao for assisting with this global shift this year of 2005-2006. When you feel complete, stretch up and down and open your eyes.*

SUMMARY

We hope you have enjoyed our analysis of the world mirror of 2005. The intentions made by many through the articles upon our site have begun to redirect the human dream. This is the gift of the map carvers that work with our materials. We honor you as such for your contribution to the goal of ascension of mankind as well as our beloved Terra.

Stay tuned for additional articles to be brought through from the plants and trees, minerals as well as dolphins and whales in 2006. We wish you a very happy

winter solstice. May you have learned the spiritual lessons that you have created for yourself to experience in this year behind; and may you create a more joyful life dance ahead through the release of karma that would cause otherwise. We invite you to consider joining us at our annual Masters Conclave events in 2006 to support earth in her continued journey “home” to the great central sun dream. For those that feel that one is a map carver of ascension, we invite you to consider any one of our study programs. See “Group Mastery” for more information.

Until our next communication,
Namaste
The Tao
The Earth Mother

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